



SEASONAL SPECIALS

SALADS

STRAWBERRY SENSATION SALAD 13.95

Romaine lettuce, garlic chicken, feta cheese, caramelized almonds, strawberries, red onion, tomatoes and cucumbers. Served with a raspberry vinaigrette dressing.

KAREN'S KALE SALAD 12.95

Baby kale, turkey, cranberries, toasted pecans, dates, parmesan cheese and croutons. Served with lemon poppy seed dressing.

TINY TUNA 10.25

A simple smaller salad with spinach, carrots, avocado, black olives and a scoop of tuna. Served with balsamic dressing.

BEETNIC 8.95

Smaller salad with spinach, beets, tomatoes, goat cheese and caramelized walnuts. Served with balsamic vinaigrette.

QUAINT QUINOA SALAD 10.75

A smaller salad with spring mix, carrots, onions, quinoa, dried blueberries, pecans and blue cheese. Served with your choice of dressing.

ELIZABETH'S TOSTADA SALAD 12.50

A crunchy fried wheat tortilla filled with lettuce, black beans, corn, carrots, tomato, pepperoncini, mango, caramelized walnuts, avocado and garlic chicken. Served with salsa on the side.

SANDWICHES

DAVE BEARD... 10.95 (HAS GOTTEN SPICY)

Basically a club but a couple of tweaks. Turkey, ham, turkey bacon, swiss cheese, lettuce, tomato, jalapeno and avocado on toasted garlic bread.

TURKEY CRANBERRY BLISS 10.75

Turkey, cranberry sauce, walnuts, lettuce, and cream cheese on squaw bread.

BUFFALO CHICKEN SANDWICH 10.95

Organic chicken smothered in spicy buffalo sauce, jack cheese, lettuce, and tomatoes served on toasted french roll.

GRANNY IS ON FIRE SANDWICH 10.75

Granny smith apples, ham, cheddar cheese, jalapenos and served on garlic bread.

PORTABELLO PABLO SANDWICH 10.75

A large portabello mushroom with blue cheese, tomatoes, onions, and a spring mix. Served on toasted parmesan sour dough.

BBQ VEGGIE BURGER 10.75

Our delicious veggie patty with bbq sauce, avocado, melted jack cheese, jalapeño, tomato, onion, and romaine lettuce.

THE ART SCHADE JR. 10.95

Named after a Fullerton legend, this sandwich has albacore tuna, turkey bacon, lettuce, and tomato with melted cheddar cheese on toasted sourdough bread.

WRAPS / PITA PIZZA

MEXICAN VAMPIRE WRAP 10.50

Romaine lettuce, garlic chicken, tomatoes, cucumbers, feta cheese, and pepitas wrapped in a whole wheat tortilla. Served with Mexican Caesar dressing.

NOT A BLT WRAP 9.95

Spinach, turkey bacon, tomato, avocado wrapped in a whole wheat tortilla. Served with blue cheese dressing.

BILL MURRAY CURRY WRAP 10.50

This wrap has nothing to do with him, we just like him and it rhymes. Chicken, raisins, celery and curry dressing all blended together with spinach and tomato served in a whole wheat tortilla.

P.B.J. PITA PIZZA 10.50

A pita pizza with pineapple, turkey bacon, jalapeno, red sauce and topped with parmesan cheese.

DON'T FORGET ABOUT THE KIDS

KIDS LITTLE BOWL 6.95

A small quinoa bowl with beans, broccoli, quinoa and choice of sauce and cheese.

KIDS BEAN AND CHEESE BURRITO 6.95

A small whole wheat tortilla with beans and cheese and nothing else.

HOT ITEMS

FOUR CHEESE MACARONI 11.25

Penne pasta with turkey bacon, melted mozzarella, cheddar, and jack cheeses, tossed with sun-dried tomatoes, and topped with parmesan. Served with garlic-cheese bread.

SOUTHWEST QUINOA BOWL 12.50

Garlic chicken, quinoa, black beans, corn, mild green sauce, topped with melted jack cheese, avocado and pico de gallo.

SOUTHWEST QUINOA VEGGIE BOWL 11.95

Quinoa, zucchini, mushrooms, carrots, broccoli, cauliflower, garbonzo beans avocado mild green sauce, melted jack cheese, and pico de gallo.

GHOST PEPPER CHEESE QUESADILLA 11.00

A whole wheat tortilla stuffed with ghost pepper cheese, Ortega chilies, and organic chicken. Served with salsa guacamole and sour cream.

SPICY BBQ CHICKEN QUESADILLA 11.00

A whole tortilla stuffed with bbq chicken, ghost pepper cheese, corn, and pico de gallo.



SEAWORTH COLD BREW

**DID YOU KNOW THAT THE OWNER OF
RUTABEGORZ IS ALSO ONE OF THE
OWNERS OF SEAWORTH COFFEE?**

Seaworth Coffee is inspired by a common love of the sea and a somewhat uncommon love of handcrafted cold-brewed coffee. Though gaining popularity on the East Coast and the Pacific North West, we couldn't find decent cold-brew in Southern California. So we set out on a mission: to create a delicious, top-quality cold brew coffee that would reflect the beautiful sunshine and good-spirit of the Golden State. So through a relentless process of experimenting with different beans, roasting methods and brewing methods, we did it. We were so passionate about this beautiful bold liquid that we had created, that we decided to give it a name that paid tribute to our favorite pastime and the rich surf culture of California.

\$4.95/BTL



SHAKES

CHOCOLATE BERRY DEELIGHT \$6.50

Chocolate ice cream, raspberries, blackberries, topped with whipped cream with Ghirardelli chocolate drizzled on top.

GET LIT \$6.50

Vanilla ice cream, and ground up chocolate espresso beans, topped with whipped cream with Ghirardelli chocolate drizzled on top.

PEACH PIT AFTER DARK \$6.50

This is an old 90210 recipe, (not really) its just a simple peach shake made with vanilla ice cream topped with whipped cream.

JUICES

SAD GINGER \$5.50

Orange juice, carrots and ginger

LEMONCUCA \$5.00

Lemonade and cucumber

EL SOL \$6.00

Carrot juice blended with non fat vanilla yogurt

DO GOODER \$5.50

Carrots, spinach and pineapple

REFRESHING REFRESHMENTS?

DID YOU KNOW WE HAVE
MANY ICED TEA CHOICES
TO CHOOSE FROM? ALL
UNSWEETENED BY THE WAY.

REGULAR
PASSION FRUIT
DECAF PASSION FRUIT



GOT A DOG?

Check out our patio.

DID YOU KNOW RUTABEGORZ CATERS?

Inquire with a manager.

DO YOU HAVE A REALLY LARGE PARTY?

We can accommodate you WITHOUT an annoying rental fee.

(ASK ABOUT OUR ROTATING \$10.00 BOTTLE)

WHITE WINES

CHARLES SMITH RIESLING

Ancient Lakes of Columbia Valley, WA

RODNEY STRONG SAUVIGNON BLANC

Sustainably Farmed - Northern Sonoma, CA

FERRARI-CARANO FUMÉ BLANC

Sonoma County, CA

BENZIGER FAMILY CHARDONNAY

Sonoma County, CA

NOBLE VINES CHARDONNAY

"446" - San Bernabe, CA

GREEN TRUCK CHARDONNAY

Certified Organic - Ceres, CA

\$7/GL \$17/BTL

PILSNER / LAGER

MUCHO ALOHA PILSNER

12 oz can - Monroe WI

\$6.50

SAM SMITH APRICOT

1 pint 2.7 oz bottle - England

\$7.50

LINDEMAN FRAMBOISE LAMBIC

12 oz bottle - Belgium

\$7.50

STIEGL LEMON RADLER

1 pint 9 oz can - Austria

\$7.50

WEIHENSTEPHANER ORIGINAL LAGER **\$6.50**

12 oz bottle - Germany

BELMONT BREWING STRAW BLONDE **\$7.50**

1 pint 6 oz bottle - Long Beach, CA

MAUI BIKINI BLONDE

12 oz can - Hawaii

\$7.50

WHEAT

ALLAGASH WITBIER

12 oz bottle - Portland, ME

\$6.50

LOST COAST WHEAT TANGERINE

12 oz can - Eureka, CA

\$6.50

RED WINES

CHLOE ROSÉ

Monterey County, CA

MEIOMI PINOT NOIR

Monterey-Santa Barbara-Sonoma Counties, CA

CUPCAKE MALBEC

Mendoza, Argentina

FRANCIS FORD COPPOLA MERLOT

Blue Label Diamond Collection, CA

CHARLES SMITH CABERNET SAUVIGNON

Chateau Smith - Columbia Valley, WA

GREEN TRUCK CABERNET

Certified Organic - Ceres, CA

\$7/GL \$17/BTL

IPA / ALE

STONE DELICIOUS IPA

12 oz bottle - Escondido, CA

\$6.50

UINITA HOP NOSH IPA

12 oz can - Salt Lake City, UT

\$6.50

UINTA GRAPEFRUIT IPA

12 oz can - Salt Lake City, UT

\$6.50

PIZZA PORT SWAMI IPA

16 oz can - Carlsbad, CA

\$7.50

FLYING DOG PALE ALE

12 oz bottle - Fredrick, MD

\$6.50

BEAR REPUBLIC PALE ALE

12 oz bottle - Healdsburg, CA

\$6.50

(ASK ABOUT OUR \$3 AND \$5 BEERS)

AMBER / STOUT

GREENS AMBER ALE

1 pint 9 oz bottle - Belgium (gluten free)

\$7.50

SAM SMITH OATMEAL STOUT **\$6.50**

12 oz bottle - England