

MUNCHILS

Hummus

Garbanzo beans blended with olive oil, garlic and spices - healthy and delicious.

Served with Tortilla Chips

Served with Pita Bread

Served with Veggie Sticks

Chips & Salsa

2.95

Chips & Guacamole

6.25

5.25

6.25

6.50

Nachos

8.95

Jack & cheddar cheeses melted on tortilla chips with guacamole. Served with our freshly made salsa and sour cream.

With our Killer Chili

10.95

With our Black Bean Chili

10.95

Artichoke Dip

Artichoke hearts blended with cheese and mild chiles. Served hot with tortilla chips.

6.95

Garlic Bread

2 slices on Sourdough bread.

3.50

Melted Cheese Bread

2 slices with melted cheddar and swiss on Squaw.

3.50

Quesadilla

6.95

Jack Cheese and mild green chiles melted in a whole wheat tortilla. Served with guacamole, salsa and sour cream.

 with Avocado

8.95

with Chicken

9.50

with Shrimp & Avocado

9.95

Assorted Sliced Fruit

5.50

Fruit & Frozen Yogurt Plate 8.95

Seasonal sliced fruit aside a dollop of non-fat vanilla frozen yogurt.

Falafel Plate

9.95

Falafel balls, pita bread, brown rice, cucumber and carrots. Served with hummus and low fat herb dressing.